



Unity of the Valley Spiritual Center

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • www.unityvacaville.org

- May 2025 -

THE FOUR AGREEMENTS

BE IMPECCABLE WITH YOUR WORD

Speak with integrity. Say only what you mean. Avoid using word to speak against yourself or to gossip about others. Use the power of your word to offer love, never use it to cause fear or pain in another (or yourself).

DON'T TAKE ANYTHING PERSONALLY

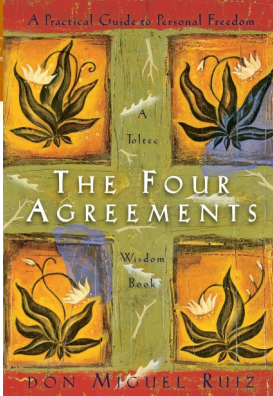
Nothing others do is because of you. What others say and do is a result of their own choices, perceptions, and actions. We all make rules about how things should be, but when you are immune to the opinions and actions of others, you won't be the victim of needless suffering.

DON'T MAKE ASSUMPTIONS

Find the quiet courage to ask questions and to express what you really want. Communicate with others as clearly as you can to avoid misinterpretations, sadness, and drama. With just this one agreement, you can completely transform your life.

ALWAYS DO YOUR BEST

Do your best. Don't worry about doing it perfectly. It will come with time.



The Four Agreements

A Four-Week Study Group facilitated by Rev. Micah Murdock

Sundays May 18 through June 8

11:45 a.m. - 1:45 p.m.

Using the book by Miguel Ruiz we will cover and discuss one agreement each week. We will start with all participants meeting together for a short lesson then break out into small discussion groups, coming back together to share and learn from one another.

Suggested Love Offering - \$10/session

No one will be turned away

Sign-up in the Great Hall or contact the office

Books are available in the bookstore

A bestseller for over a decade, published in fifty-three languages worldwide, The Four Agreements, bestselling author don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering.

Based on ancient Toltec wisdom, The Four Agreements offer a powerful code of conduct that can rapidly



The Prayer for Protection

The light of God surrounds us;

The Love of God enfolds us;

The Power of God protects us;

The Presence of God watches over us.

Wherever we are, God is.

Thank you to everyone who participated in the Spring Tea - whether you attended or worked behind the scenes. It would not have happened without you!

The event was well received and raised \$6,095.00 for the church

See you next year!



Volunteer Opportunities

If you are looking for ways to lend a helping hand the following teams are looking for you!

- ♦ **Usher/Greeter** - This team is "the face of the church" - the team meets and greets all who enter and make sure newcomers feel welcomed. This is a one week per month commitment
- ♦ **Hospitality Team** - Without this team there would be no coffee or treats to enjoy after the service! This is a one week per month commitment.
- ♦ **4th Friday Feed** - **We have an urgent need for volunteers to assist with this important community outreach team.** This is a once per month commitment. We need:

Help with shopping (UVSC covers the cost of food and supplies)
Help with prep and cooking - Help Serving - Help with clean-up

Ongoing Classes and Activities . . .

Mondays -

Board of Trustees Meeting - Third Monday of the month

NA (Narcotics Anonymous) - 6:30 p.m.

Tuesdays -

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

Wednesdays -

Daily Word Meditation Service - 6:00 p.m. - facilitated by our Prayer Chaplains and Rev. Micah Murdock

Thursdays -

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants - Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Cindy Hulburt at cindyhulburt@gmail.com for information

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) - Men's Group - 7:00 p.m.

Fridays -

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

Sundays -

Worship Celebration - 10:00 a.m. - In person and live-streamed at www.unityvacaville.org



Daily Word Meditation Service



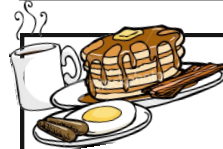
**Wednesdays at 6 p.m.
in our sanctuary
led by our Prayer Chaplains
and Rev. Micah Murdock**

Join the Women of Unity for Lunch!

**The Women of Unity meet at 11:30 a.m.
on the Third Thursday of the month**

Contact Cindy Hulburt at cindyhulburt@gmail.com
for more information

Women of all ages are welcome!



Join the Men of Unity for Breakfast!

**The Men of Unity meet at 8:30 a.m.
on the Second and Fourth Thursday of the
month at various local eateries.**

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com
or Dave Rybicki at drybicki@solanowireless.com
for location and information

Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

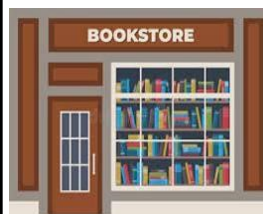
**We invite you to join us in this important community
outreach team and help feed the homeless and hungry**

Contact the church office at 707-447-0521
or unityvv@pacbell.net for more information



Unity of the Valley Bookstore



**Open on the second and fourth Sunday of the
month following the service**



Stop by and say hello

The Bookstore also available
during normal office hours

May 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	2 First Friday @ 5 - Prayers for the World (online)	3
4 10:00 a.m. Service	5 NA - 7:00 p.m.	6 FA - 7:00 p.m.	7 Meditation Service - 6:00 p.m.	8 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	9	10
11 10:00 a.m. Service 	12 NA - 7:00 p.m.	13 FA - 7:00 p.m.	14 Meditation Service - 6:00 p.m.	15 Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	16	17
18 10:00 a.m. Service The Four Agreements Study Group - Week 1 - 11:45 a.m.	19 Board Meeting NA - 7:00 p.m.	20 FA - 7:00 p.m.	21 Meditation Service - 6:00 p.m.	22 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	23 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	24
25 10:00 a.m. Service The Four Agreements Study Group - Week 2 - 11:45 a.m.	26 NA - 7:00 p.m. 	27 FA - 7:00 p.m.	28 Meditation Service - 6:00 p.m.	29 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	30	31

Schedule of On-going Classes and Activities




- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Third Monday - Board of Trustees Meeting
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 6:00 p.m. - Daily Word Meditation Service
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 11:30 a.m. - Women of Unity Potluck Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration



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June 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 a.m. Service The Four Agreements Study Group - Week 3 - 11:45 a.m.	2 NA - 7:00 p.m.	3 FA - 7:00 p.m.	4 Meditation Service - 6:00 p.m.	5 NA (Women's Grp) - 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	6 First Friday @ 5 - Prayers for the World (online)	7
8 10:00 a.m. Service The Four Agreements Study Group - Week 4 - 11:45 a.m.	9 NA - 7:00 p.m.	10 FA - 7:00 p.m.	11 Meditation Service - 6:00 p.m.	12 Men of Unity - 8:30 a.m. NA (Women's Grp) - 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	13	14 FLAG DAY 
15 10:00 a.m. Service <i>Happy Father's Day!</i>	16 Board Meeting NA - 7:00 p.m.	17 FA - 7:00 p.m.	18 Meditation Service - 6:00 p.m.	19 Women of Unity - 11:30 a.m. NA (Women's Grp) - 5:00 p.m. NA (Men's Grp) - 7:00 p.m. 	20 	21
22 10:00 a.m. Service	23 NA - 7:00 p.m.	24 FA - 7:00 p.m.	25 Meditation Service - 6:00 p.m.	26 Men of Unity - 8:30 a.m. NA (Women's Grp) - 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	27 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	28 Prayer Chaplain Training - 9:00 a.m.
29 10:00 a.m. Service	30 NA - 7:00 p.m.					

Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Third Monday - Board of Trustees Meeting
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 6:00 p.m. - Daily Word Meditation Service
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 11:30 a.m. - Women of Unity Potluck Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
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Church Directory . . .

Acting Minister: Rev. Ken Micah Murdock

Church Administrator: Marcella Mackes

Board of Trustees:

Phyllis Flemings, President
John Working, Vice President
Leticia Widemann, Secretary
John Thompson, Treasurer

Ministerial Assistant: Warren Spayth

Prayer Chaplains:

Warren Spayth, Patt Florez, Cheryl Potts,
Daniel Perkins

Youth Education:

Jennifer Darcangelo, Director / YOU Sponsor / KOU

Newsletter / Bookstore: Marcella Mackes

Volunteer Coordinator: Marcella Mackes

Sound Technicians: Theo Farnum, Roy Morris

Music Coordinator: Linda Hogan

Video & Podcast Editor / Webmaster: Lisa Murray

Video Technicians:

Jim Stueve, Gary Eisenberg, Gloria Ramirez,
John Working

Did you Know? . . .

- **Prayer requests:** Prayer requests placed in our prayer chest are read in strictest confidentiality by our Prayer Chaplains, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.



- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.
- **You can bring clean plastic bottles and soda cans to the church to be recycled:** This is a community service provided by the Men of Unity. **To date they have raised over \$5,000**

UNITY PRINCIPLES

- ♦ God is good and everywhere present.
- ♦ The spirit of God lives within each person, therefore, all people are inherently good.
- ♦ We create our life experiences through our way of thinking.
- ♦ There is power in affirmative prayer, which we believe increases our connection to God.
- ♦ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

Unity of the Valley Spiritual Center Financial Statement

January-March 2025

Financials are updated quarterly

	January – March 2025	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	.33	2.00	-1.67
400.00 · BOOKSTORE	29.40	200.00	-170.60
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	760.00	6,800.00	-6,040.00
419.00 · SUBTENANT INCOME	0.00	5,000.00	-5,000.00
420.00 · CONTRIBUTIONS	53,442.14	225,161.00	-171,718.86
430.00 · FACILITY & PROPERTY	4,145.00	12,200.00	-8,055.00
460.00 · FUNDRAISERS	3,818.00	9,320.00	-5,502.00
490.00 · MISCELLANEOUS INCOME	0.00	25.00	-25.00
Total Income	62,194.87	258,708.00	-196,513.13
Expense			
600.00 · ADMINISTRATIVE	8,021.01	29,326.72	-21,305.71
605.00 · BOOKSTORE EXPENSES*	111.20	310.00	-198.80
610.00 · EDUCATION	0.00	3,820.00	-3,820.00
620.00 · FACILITY**	21,125.49	62,697.21	-41,571.72
625.00 · FUNDRAISER EXPENSES	225.00	1,400.00	-1,175.00
630.00 · MINISTRY	800.00	19,522.00	-18,722.00
630.23 SEARCH TEAM EXPENSE	0.00	5,000.00	-5,000.00
640.00 · PAYROLL	23,354.67	114,381.57	-91,026.90
650.00 · TITHES & CHARITABLE GIVING	4,936.46	20,900.00	-15,963.54
6560 · PAYROLL EXPENSES	1,171.00	1,200.00	-29.00
Total Expense	59,744.83	258,557.50	-198,812.67
Net Income	2,450.04	150.50	2,299.54

*Includes Inventory Purchases and Sales Tax Paid

** Includes Mortgage Principal Payments

*We acknowledge God as our source and see abundance flowing forth,
blessing all that we have and all that we give.*

*We gratefully bless those who share their prosperity that we may serve
Spirit's work as our Unity community.*

Cash on Hand as of March 31, 2025

Savings:	\$ 13,644.23
Checking:	\$ 61,662.62
Flower Fund:	\$ 55.26
Petty Cash:	\$ 9.34
Total All Accounts	\$ 75,371.45
Total Available Cash:	\$ 68,848.62



Instant
Church Directory™
Online

Login Instructions for the Online Member Directory*

*Must be listed in the current directory

You can also access the directory on your phone by downloading the Instant Church Directory Mobile App - Search for *Instant Church Directory* and look for this icon



Online Member Directory

1. Go to members.InstantChurchDirectory.com
2. Click on the link: First time signing in? [Create a login now.](#)
3. Enter the email address as it is listed in the family portion of the directory.
4. Create a password. The password must be 8 characters long, and contain at least two of the following special characters: capital letters, numbers or symbols.
5. Retype the password to confirm it and click "Request Login."
6. Check your inbox for an email from service@instantchurchdirectory.com.
7. To complete the sign-up process, you will need to verify your email address by clicking on the link sent to you in that email.
8. Once you confirm your email, you may sign at members.InstantChurchDirectory.com.

Your email with the password you created will work on all the Instant Church Directory apps on any device.

Need help signing in? Please see your directory Administrator.



Celebrating our oneness - Honoring our diversity

Unity of the Valley Spiritual Center is dedicated to the Belief in God as universal Spirit
Our purpose is to provide opportunities for each individual to express their inner Christ Spirit