



Unity of the Valley Spiritual Center

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • www.unityvacaville.org

- May 2024 -

2024 Women's Retreat "Here in Heaven"

Fri., June 28 thru Sun., June 30

Facilitated by Rev. Dalia Adams

Villa Maria del Mar, Santa Cruz CA



Single and Double
Occupancy is available
Retreat begins late Friday afternoon
and ends Sunday after lunch

Total cost for lodging, all meals, and retreat fee is:

\$490 - Single Occupancy / \$410 - Double Occupancy

A \$50 non-refundable deposit is due by May 19

Interested? Please sign-up in the Great Hall or contact the office by phone or email

Upcoming Classes & Events . . .

New Classes Now Forming!

Facilitated by Rev. Dalia Adams

Prosperity - 4-week class beginning Tues., May 7 from 4:00 p.m.-6:00 p.m. on Zoom

Mindfulness Meditation Basics - 4-week class beginning Sat., May 25 from 10:00 a.m.-11:00 a.m. on Zoom

Interested? Sign-up in the Great Hall or contact the office

Coming Soon (Continued on Page 8) . . .



Join the Unity Walkers

Mondays at 9:30 a.m. - Beginning May 6

Meet at Alamo Creek Park corner of Buck Ave. and Alamo Dr. in Vacaville
(at bench by Buck Ave. entrance near playground)

We will begin with 15 minutes of stretching to encourage blood and oxygen flow to clear “brain fog”

You can walk alone or with others at your own pace

It is encouraged to have a laugh and have fun while being good to yourself

All are welcome - See you there!!

Need more information - See Bette Lewis

Ongoing Classes and Activities . . .

Email the church office at unityvv@pacbell.net to request an invitation to Zoom meetings

Mondays

Unity Walkers - 9:30 a.m. - Meet at Alamo Creek Park in Vacaville

NA (Narcotics Anonymous) - 6:30 p.m.

Tuesdays

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

Wednesdays

Prayer Group - 1:30 p.m. (on Zoom)

A Course in Miracles— 7:00 p.m. —facilitated by Rev Dalia Adams (on Zoom)

Daily Word Contemplative Prayer Service - 6:00 p.m. - facilitated by Prayer Chaplains

Silent Meditation—6:30 p.m. (Available online)

Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Spiritual Classics Reading Room - 1:00 p.m. - First, Second, and Third Thursdays (on Zoom)

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Cindy Hulburt at cindyhulburt@gmail.com for information

Board of Trustees Meeting - Third Thursday of the month

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) Men's Group - 7:00 p.m.

Fridays

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

Sundays

Worship Celebration - 10:00 a.m. - In person and live-streamed at www.unityvacaville.org

NA (Narcotics Anonymous) - 5:30 p.m.



EarthCare is reviving itself!

Join us by signing up to receive information about environmental legislation, needed meaningful actions, positive environmental actions, and learning about the Earth. The focus will be on the environment and social justice related to the environment

Sign-up to receive emails by contacting meilingmarie@gmail.com using the subject title EarthCare. Please provide your name and contact information

You are not obligated to any special actions unless you choose to

Daily Word Contemplative Prayer Service



Wednesdays at 6 p.m.

in our sanctuary

led by our Prayer Chaplains

Join the Women of Unity for Lunch!

The Women of Unity meet at 11:30 a.m.

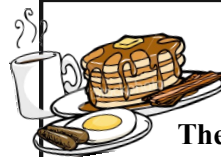
on the Third Thursday of the month

Contact Cindy Hulburt at cindyhulburt@gmail.com for more information

Women of all ages are welcome!



Join the Men of Unity for Breakfast!



The Men of Unity meet at 8:30 a.m.

on the Second and Fourth Thursday of the month at various local eateries.

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521 or unityvv@pacbell.net for more information

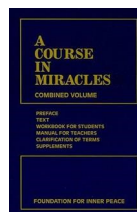


A Course In Miracles

Facilitated by Rev. Dalia Adams

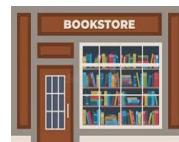
Wednesdays - 7:00 p.m. on Zoom

Email the church office at unityvv@pacbell.net to request an invitation



The Unity Bookstore is now open

on the second and fourth Sunday of the month following the service






Stop by and say hello

The Bookstore also available during normal office hours

PLEASE NOTE: Calendar is subject to change. Please contact the church office for more information.

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	2 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	3	4 Lagoon Valley Clean-up and Potluck BBQ
5 10:00 a.m. Service NA - 5:30 p.m. 	6 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m.	7 Prosperity Class - 4:00 p.m. on Zoom FA - 7:00 p.m.	8 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	9 Men of Unity - 8:30 a.m. Courage in Change - 3 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	10	11
12 10:00 a.m. Service NA - 5:30 p.m. 	13 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m.	14 Prosperity Class - 4:00 p.m. on Zoom FA - 7:00 p.m.	15 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	16 Women of Unity - 11:30 a.m. Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	17 Unity Regional Men's Retreat-->	18 -----<
19 10:00 a.m. Service NA - 5:30 p.m. <--- Unity Regional Men's Retreat	20 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m.	21 Prosperity Class - 4:00 p.m. on Zoom FA - 7:00 p.m.	22 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	23 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	24 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	25 Mindfulness Meditation Basics 10:00 a.m. on Zoom
26 10:00 a.m. Service NA - 5:30 p.m.	27 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m. 	28 Prosperity Class - 4:00 p.m. on Zoom FA - 7:00 p.m.	29 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	30 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	31	

Schedule of On-going Classes and Activities

- Mondays, 9:30 a.m. - Unity Walkers - Meet at Alamo Creek Park
- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 1:30 p.m. - Prayer Group (on Zoom)
- Wednesdays, 6:00 p.m. - Daily Word Contemplative Prayer Service
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (on Zoom)
- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting
- Third Thursday, 11:30 a.m. - Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)






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June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Mindfulness Meditation Basics 10:00 a.m. on Zoom
2 10:00 a.m. Service NA - 5:30 p.m.	3 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m.	4 FA - 7:00 p.m.	5 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	6 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	7	8
9 10:00 a.m. Service NA - 5:30 p.m.	10 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m.	11 FA - 7:00 p.m.	12 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	13 Men of Unity - 8:30 a.m. Courage in Change - 3 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	14 	15 Mindfulness Meditation Basics 10:00 a.m. on Zoom
16 10:00 a.m. Service NA - 5:30 p.m. Happy Father's Day 	17 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m.	18 FA - 7:00 p.m.	19 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online) 	20 Women of Unity - 11:30 a.m. Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m. 	21 LifeLine Screenings - 8 a.m.	22 Mindfulness Meditation Basics 10:00 a.m. on Zoom
23 10:00 a.m. Service NA - 5:30 p.m. 30 10:00 am Service NA - 5:30 p.m. ----- Women's Retreat	24 Unity Walkers - 9:30 a.m.. NA - 7:00 p.m.	25 FA - 7:00 p.m.	26 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	27 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	28 4th Friday Feed Community Kitchen at Epiphany Episcopal Church Women's Retreat - Santa Cruz ->	29 ----->

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- Mondays, 9:30 a.m. - Unity Walkers - Meet at Alamo Creek Park
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- Wednesdays, 1:30 p.m. - Prayer Group (on Zoom)
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- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting
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- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



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Church Directory . . .

Senior Minister: Rev. Dr. Dalia Adams

Board of Trustees:

Phyllis Flemings, President
John Working, Vice President
Leticia Widemann, Secretary
John Thompson, Treasurer

Minister's Assistant: Warren Spayth

Office Manager/Newsletter: Marcella Mackes

Prayer Chaplains:

Warren Spayth, Patt Florez, Cheryl Potts,
Daniel Perkins

Youth Education: Jennifer Darcangelo, Director

SEE Education Director: Rev. Dalia Adams

Sound Technicians:

Warren Spayth, Thomas Nabarrete, Roy Morris

Bookstore: Marcella Mackes

Volunteer Coordinator: Marcella Mackes

Video & Podcast Editor/Webmaster: Lisa Murray

Video Technicians:

Jim Stueve, Bobbi Fortner, Gloria Ramirez,
John Working

Did you Know? . . .

- **Prayer Chaplains** are available for prayer support, home or hospital visits, and listening when you need someone. Prayer Chaplains are available after church on Sunday or may be reached by calling the church office (Mailbox #6).
- **Prayer requests** are read in strictest confidentiality, placed in our prayer chest, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.
- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.
- **You can bring clean plastic bottles and soda cans to the church to be recycled:** This is a community service provided by the Men of Unity. **To date they have raised over \$4,000**



UNITY PRINCIPLES

- ◆ God is good and everywhere present.
- ◆ The spirit of God lives within each person, therefore, all people are inherently good.
- ◆ We create our life experiences through our way of thinking.
- ◆ There is power in affirmative prayer, which we believe increases our connection to God.
- ◆ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

Unity of the Valley Spiritual Center Financial Statement

January-March 2024

Financial Report is updated quarterly

	January – March 2024	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	.34	1.00	-.66
400.00 · BOOKSTORE	32.26	200.00	-167.74
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	252.00	13,000.00	-12,748.00
419.00 - SUBTENANT INCOME	0.00	14,000.00	-14,000.00
420.00 · CONTRIBUTIONS	46,069.27	207,005.00	-160,935.73
430.00 · FACILITY & PROPERTY	3,945.00	11,500.00	-7,555.00
460.00 · FUNDRAISERS	3,045.00	16,620.00	-13,575.00
490.00 · MISCELLANEOUS INCOME	0.00	25.00	-25.00
Total Income	53,343.87	262,351.00	-209,007.13
Expense			
600.00 · ADMINISTRATIVE	6,953.11	29,788.77	-22,835.66
605.00 · BOOKSTORE EXPENSES*	25.00	325.47	-300.47
610.00 · EDUCATION	75.00	4,000.00	-3,925.00
620.00 · FACILITY**	16,708.89	62,252.25	-45,543.36
625.00 · FUNDRAISER EXPENSES	200.00	1,325.00	-1,125.00
630.00 · MINISTRY	2,837.99	11,532.00	-8,694.01
640.00 · PAYROLL	31,131.55	132,193.00	-101,061.45
650.00 · TITHES & CHARITABLE GIVING	846.32	19,400.00	-18,553.68
6560 · PAYROLL EXPENSES	923.00	1,350.00	-427.00
Total Expense	59,700.86	262,166.49	-202,465.63
Net Income	-6,356.99	184.51	-6,541.50

*Includes Inventory Purchases and Sales Tax Paid

** Includes Mortgage Principal Payments

Cash on Hand as of March 30, 2024	
Savings:	\$ 13,642.87
Checking:	\$ 65,175.64
Flower Fund:	\$ 55.26
Petty Cash:	\$ <u>9.34</u>
Total All Accounts	\$ 78,883.11
Total Available Cash:	\$ 65,154.62

*We acknowledge God as our source and see abundance flowing forth,
blessing all that we have and all that we give.*

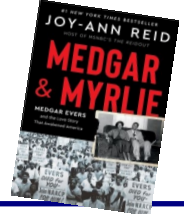
*We gratefully bless those who share their prosperity that we may serve
Spirit's work as our Unity community.*

Coming Soon . . .

From Forgiveness to Freedom - Sat., July 13 - 10:00 a.m. - 4:00 p.m. - A one-day informative, experiential, reflective, interactive workshop

Courage in Change: *Navigating the Human Experience* - Sat., July 27 - 10:00 a.m. - 2:00 p.m.

Valley Book Club - Sat., August 10 and Sat., August 24 - 10:30 a.m.-12:00 p.m. on Zoom - The book for this session is Medgar & Myrlie by Joy-Ann Reid



These classes and workshops will be facilitated by Rev. Dalia Adams



Take a step toward staying
Healthy & Active

Life Line screening goes beyond regular checkups to provide a more thorough look at your health

Friday, June 21 in Unity Hall

To register and receive a special discount
call 800-640-6307 or visit LLSA.SOCIAL/HC

Reservations are required

2024 Fall Reflections

September 15 - October 27

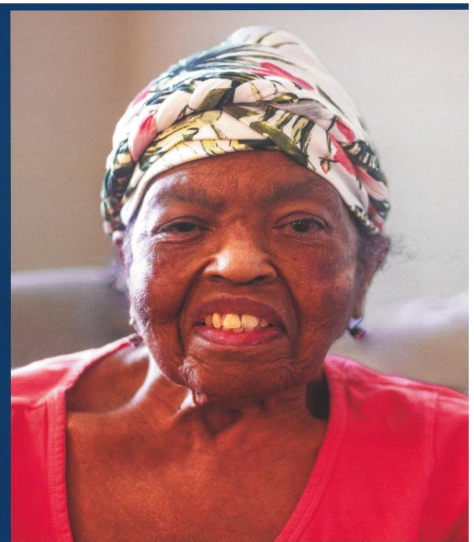
With Sunday talks and small group meetings, this 7-week program affords a wonderful opportunity for spiritual growth and to recommit to your spiritual community.

More information will be coming soon

If you would be interested in hosting a small group in your home or at the church please contact the office

Unity of the Valley gives charitable contributions to several community organizations. This special thank you was received from Meals on Wheels.

Unity of the Valley,
Thank you for being there for seniors like Gwendolyn and the more than 3,000 of our elderly neighbors in Solano County.



Celebrating our oneness ~ Honoring our diversity

Unity of the Valley Spiritual Center is dedicated to the Belief in God as universal Spirit
Our purpose is to provide opportunities for each individual to express their inner Christ Spirit