



# Unity of the Valley Spiritual Center

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • [www.unityvacaville.org](http://www.unityvacaville.org)

- March 2024 -

*While Rev. Dalia Adams is taking a much needed sabbatical we are excited to have the following guest speakers joining us in March*



March 3: Warren Spayth



March 10: Paul Whitney



March 17: Carolynn Ranch



March 24 Rev. Bob Brach



March 31: Rev. Sonya Milton



## PRANIC HEALING LEVEL ONE WORKSHOP

LEARN To HEAL Yourself and others EVEN from a DISTANCE

in just 2 DAYS

**You Will Learn:** Physical Healing - Easy Step by step protocols to relieve or heal anything from simple ailment like cough and cold to sever illnesses like asthma, arthritis and diabetes

**Energy Anatomy & Scanning** - Correlation between the physical body and energy body, meridians and the 11 major chakras

**Meditation & Breathing Exercise** - Exercise Inner Peace and stillness through the "Meditation on Twin Hearts" and also learn breathing exercise to quickly recharge yourself and more....

### WHEN

Saturday, March 9th – 9:30 am to 5:30 pm a

Saturday, March 16th – 1:30 pm to 7:30 pm

Register at [Pranichealing.com/learn](http://Pranichealing.com/learn) or email [lilia@pranichealing.com](mailto:lilia@pranichealing.com)

Your instructor: [Lilia Afshary](#)

Payment Plans Are Available

Unity of the Valley Spiritual Center - 350 N. Orchard Ave., Vacaville, CA

# Upcoming Events . . .



## SACRED SOUNDS

FROM THE HEART OF ANCESTRAL WISDOM, PERUVIAN COSMOLOGY  
AND MODERN HEALING PRINCIPLES

### UNITY OF THE VALLEY SPIRITUAL CENTER

350 N Orchard Avenue, Vacaville, CA 95688

**Sunday, March 17<sup>th</sup> 2024**

SPECIAL SERVICE MUSIC ♦ 10:00 AM

ANCESTRAL SOUND BLESSING ♦ 12:00 - 2:00 PM

Suggested Love Offering for the Sound Blessing \$30 ~ No one turned away!



### Instrument Allies

Didjeridu, Condor Quill Antara, Mayan, Peruvian, Zapotec & Hawaiian Ritual flutes,  
Chimu Whistling Water Vessel, Conch Shell, Tibetan Bowls, organic percussion & more!

The **Ancestral Sound Blessing** at 12pm-2pm is a testament to the power of sound as a medium for healing and spiritual connection.

Embark on a sacred journey with ancient ritual instruments, Love, and the Power of Healing Touch, where each note is a step toward inner harmony, and every melody resonates with the wisdom of ancient traditions and the innovation of contemporary healing practices.



**René Jenkins** is a Ceremonial Sound Practitioner, professional musician and Healing Performance Artist from Sonoma, California. Since 1993, René performs blessings with sacred sounds from ancestral instruments of the Americas, Australia & Asia, integrating cross-cultural studies, Breema-Shiatsu, Reiki and more, to raise well-being and the vibration of consciousness through intention and sound.

**Janet Janay Cipriani** is an amazing clairvoyant and clairsentient, intuitive, medium, Angelic Reader and sound healer who uses her gifts to offer guidance, insight, and energy healing. Together, René and Janet Janay play ancient and contemporary instruments for individuals and groups to support their highest growth with Vibrational-Light and Love.

For more info, call **Unity of the Valley @ 707-447-0521**, and for more about René & Janet, visit **[VibeTherapy.org](http://VibeTherapy.org)** ~ Blessings to you!





# Ongoing Classes and Activities . . .

Email the church office at [unityvv@pacbell.net](mailto:unityvv@pacbell.net) to request an invitation to Zoom meetings

## Mondays

NA (Narcotics Anonymous) - 6:30 p.m.

## Tuesdays

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

## Wednesdays

Prayer Group - 1:30 p.m. (on Zoom)

A Course in Miracles—7:00 p.m. —facilitated by Rev Dalia Adams (on Zoom)

Daily Word Contemplative Prayer Service - 6:00 p.m. - facilitated by Prayer Chaplains

Silent Meditation—6:30 p.m. (Available online)

## Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants  
Contact Bob Panzer at 707-410-8839 / [rmp572@gmail.com](mailto:rmp572@gmail.com) or Dave Rybicki at [drybicki@solanowireless.com](mailto:drybicki@solanowireless.com) for location and information

Spiritual Classics Reading Room - 1:00 p.m. - First, Second, and Third Thursdays (on Zoom)

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Cindy Hulburt at [cindyhulburt@gmail.com](mailto:cindyhulburt@gmail.com) for information

Board of Trustees Meeting - 4:00 p.m. - Third Thursday of the month (on Zoom)

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) Men's Group - 7:00 p.m.

## Fridays

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

## Sundays

Worship Celebration - 10:00 a.m. - In person and live-streamed at [www.unityvacaville.org](http://www.unityvacaville.org)

NA (Narcotics Anonymous) - 5:30 p.m.



## EarthCare is reviving itself!

Join us by signing up to receive information about environmental legislation, needed meaningful actions, positive environmental actions, and learning about the Earth. The focus will be on the environment and social justice related to the environment

Sign-up to receive emails by contacting [meilingmarie@gmail.com](mailto:meilingmarie@gmail.com) using the subject title EarthCare.  
Please provide your name and contact information

*You are not obligated to any special actions unless you choose to*

## Daily Word Contemplative Prayer Service



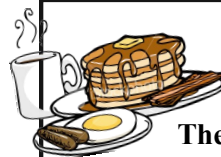
**Wednesdays at 6 p.m.**  
**in our sanctuary**  
**led by our Prayer Chaplains**

## Join the Women of Unity for Lunch!

The Women of Unity meet at 11:30 a.m.  
on the Third Thursday of the month

Contact Cindy Hulburt at [cindyhulburt@gmail.com](mailto:cindyhulburt@gmail.com)  
for more information

*Women of all ages are welcome!*



## Join the Men of Unity for Breakfast!

The Men of Unity meet at 8:30 a.m.  
on the Second and Fourth Thursday of the month  
at various local eateries.

Contact Bob Panzer at 707-410-8839 / [rmp572@gmail.com](mailto:rmp572@gmail.com)  
or Dave Rybicki at [drybicki@solanowireless.com](mailto:drybicki@solanowireless.com)  
for location and information

## Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521  
or [unityvv@pacbell.net](mailto:unityvv@pacbell.net) for more information

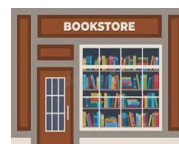
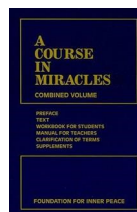


## A Course In Miracles

Facilitated by Rev. Dalia Adams

Wednesdays - 7:00 p.m. on Zoom

Email the church office at [unityvv@pacbell.net](mailto:unityvv@pacbell.net) to request an invitation





**The Unity Bookstore is now open**  
**on the second and fourth Sunday**  
**of the month following the service**

*Stop by and say hello*

The Bookstore also available during normal office hours

# March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 WCR Key Leader Event -----> (on Zoom)	2 -----<
3 10:00 a.m. Service Speaker: Warren Spayth NA - 5:30 p.m.  <b>Spring Tea Tickets on Sale!</b>	4 NA - 7:00 p.m.	5 FA - 7:00 p.m.	6 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	7 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	8	9 Pranic Healing Level 1 Workshop - 8:30 a.m.
10 10:00 a.m. Service Speaker: Paul Whitney NA - 5:30 p.m.  <b>DAYLIGHT SAVINGS TIME BEGINS</b> 	11 NA - 7:00 p.m.	12 FA - 7:00 p.m.	13 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	14 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	15	16 Pranic Healing Level 1 Workshop - 12:30 p.m.
17 10:00 a.m. Service Speaker: Carolyn Ranch Sacred Sounds - 12:00 p.m. NA - 5:30 p.m.  	18 NA - 7:00 p.m.	19 FA - 7:00 p.m.	20 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	21 Women of Unity - 11:30 a.m. Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	22 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	23
24 10:00 a.m. Service Speaker: Rev. Bob Brach NA - 5:30 p.m. 31 10:00 a.m. Service Speaker: Rev. Sonya Milton NA - 5:30 p.m.  	25 NA - 7:00 p.m.	26 FA - 7:00 p.m.	27 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	28 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	29	30

## Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 1:30 p.m. - Prayer Group (on Zoom)
- Wednesdays, 6:00 p.m. - Daily Word Contemplative Prayer Service
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (on Zoom)
- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- First, Second and Third Thursdays, 1:00 p.m. - Spiritual Classics (on Zoom)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting (on Zoom)
- Third Thursday, 11:30 a.m. - Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



### Unity of the Valley Spiritual Center

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(707) 447-0521

unityvv@pacbell.net www.unityvacaville.org

## April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NA - 7:00 p.m.	2 FA - 7:00 p.m.	3 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	4 NA (Women's Grp) - 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	5	6
7 10:00 a.m. Service NA - 5:30 p.m.  <b>WELCOME BACK REV. DALIA</b>	8 NA - 7:00 p.m.	9 FA - 7:00 p.m.	10 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	11 Men of Unity - 8:30 a.m. Spiritual Classics - 1:30 p.m. (on Zoom) NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	12	13
14 10:00 a.m. Service NA - 5:30 p.m.	15 NA - 7:00 p.m.	16 FA - 7:00 p.m.	17 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	18 Women of Unity - 11:30 a.m. Spiritual Classics - 1:30 p.m. (on Zoom) Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	19	20
21 10:00 a.m. Service Speaker: Daniel Nahmod Workshop - 11:30 a.m. NA - 5:30 p.m.	22 NA - 7:00 p.m.	23 FA - 7:00 p.m.	24 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	25 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	26 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	27 Spring Tea - 2:00 p.m. 
28 10:00 a.m. Service NA - 5:30 p.m.	29 NA - 7:00 p.m.	30 FA - 7:00 p.m.				

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- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
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- Wednesdays, 6:00 p.m. - Daily Word Contemplative Prayer Service
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (on Zoom)
- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- First, Second and Third Thursdays, 1:00 p.m. - Spiritual Classics (on Zoom)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting (on Zoom)
- Third Thursday, 11:30 a.m. - Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



#### Unity of the Valley Spiritual Center

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# Church Directory . . .

**Senior Minister:** Rev. Dr. Dalia Adams

**Board of Trustees:**

Phyllis Flemings, President  
John Working, Vice President  
Leticia Widemann, Secretary  
John Thompson, Treasurer

**Minister's Assistant:** Warren Spayth

**Office Manager/Newsletter:** Marcella Mackes

**Prayer Chaplains:**

Warren Spayth, Patt Florez, Cheryl Potts,  
Daniel Perkins

**Youth Education:** Jennifer Darcangelo, Director  
Barbara Debevec, Ann Millward

**SEE Education Director:** Rev. Dalia Adams

**Sound Technicians:**

Warren Spayth, Thomas Nabarrete, Roy Morris

**Bookstore:** Marcella Mackes

**Volunteer Coordinator:** Marcella Mackes

**Video & Podcast Editor/Webmaster:** Lisa Murray

**Video Technicians:**

Jim Stueve, Bobbi Fortner, Gloria Ramirez,  
John Working

# Did you Know? . . .

- **Prayer Chaplains** are available for prayer support, home or hospital visits, and listening when you need someone. Prayer Chaplains are available after church on Sunday or may be reached by calling the church office (Mailbox #6).
- **Prayer requests** are read in strictest confidentiality, placed in our prayer chest, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays before and after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.
- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.



## UNITY PRINCIPLES

- ♦ God is good and everywhere present.
- ♦ The spirit of God lives within each person, therefore, all people are inherently good.
- ♦ We create our life experiences through our way of thinking.
- ♦ There is power in affirmative prayer, which we believe increases our connection to God.
- ♦ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

# Unity of the Valley Spiritual Center Financial Statement

## January-December 2023

*Financial Report is updated quarterly*

	January – December 2023	Annual Budget	\$ Under/Over Budget
<b>Income</b>			
300.00 · INTEREST	.90	1.00	-.10
400.00 · BOOKSTORE	145.29	75.00	70.29
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	8,728.00	8,125.00	603.00
419.00 · SUBTENANT INCOME	9,170.00	12,000.00	-2,830.00
420.00 · CONTRIBUTIONS	201,711.20	210,300.00	-8,588.80
430.00 · FACILITY & PROPERTY	11,572.00	8,800.00	2,772.00
460.00 · FUNDRAISERS	9,548.35	14,320.00	-4,771.65
490.00 · MISCELLANEOUS INCOME	563.11	20.00	543.11
<b>Total Income</b>	<b>241,438.85</b>	<b>253,641.00</b>	<b>-12,202.15</b>
<b>Expense</b>			
600.00 · ADMINISTRATIVE	27,864.59	26,537.12	1,327.47
605.00 · BOOKSTORE EXPENSES*	201.34	505.00	-303.66
610.00 · EDUCATION	2,067.59	2,700.00	-632.41
620.00 · FACILITY**	58,027.29	56,905.89	1,121.40
625.00 · FUNDRAISER EXPENSES	74.51	1,500.00	-1,425.49
630.00 · MINISTRY	11,134.95	14,131.69	-2,996.74
640.00 · PAYROLL	129,965.21	137,673.00	-7,707.79
650.00 · TITHES & CHARITABLE GIVING	11,365.79	12,488.30	-1,122.51
6560 · PAYROLL EXPENSES	862.00	1,200.00	-338.00
<b>Total Expense</b>	<b>241,563.27</b>	<b>253,641.00</b>	<b>-12,077.73</b>
<b>Net Income</b>	<b>-124.42</b>	<b>0.00</b>	<b>-124.42</b>

\*Includes Inventory Purchases and Sales Tax Paid

\*\* Includes Mortgage Principal Payments

*We acknowledge God as our source and see abundance flowing forth,  
blessing all that we have and all that we give.*

*We gratefully bless those who share their prosperity that we may serve  
Spirit's work as our Unity community.*

In 2023 Unity of the Valley tithed to the following community and Unity programs:

Epiphany Episcopal Community Kitchen    Children's Network    Faith in Action  
NorthBay Hospice    Vacaville PD's Children's Crisis    Mark's Growing Center  
Meals on Wheels    Opportunity House    Solano Food Bank    NorthBay Alzheimer's Services  
Solano Advocates for Victims of Domestic Violence    Silent Unity  
Association of Unity Churches (UWM)    West Central Region of Unity Churches

### Cash on Hand as of December 31, 2023

<b>Savings:</b>	<b>\$ 13,642.53</b>
<b>Checking:</b>	<b>\$ 72,645.40</b>
<b>Flower Fund:</b>	<b>\$ 135.30</b>
<b>Petty Cash:</b>	<b>\$ 9.34</b>
<b>Total All Accounts</b>	<b>\$ 86,432.57</b>
<b>Total Available Cash:</b>	<b>\$ 70,813.08</b>



## Coming Soon . . .

A decorative poster for a Spring Tea event. The background is light blue with a floral border of pink and yellow roses. In the center, the text reads: "Spring Tea", "Saturday, April 27", "2:00 p.m.-3:30 p.m.", "(Seating begins at 1:30 p.m.)", "Tickets are \$35", "and will be available starting March 3", and "Hosted by The Women of Unity". To the right of the text is an illustration of a stack of three teacups. The top cup is pink with a heart and the words "Thankful Heart". The middle cup is yellow with the word "DREAM". The bottom cup is blue with the word "HOPE". A small brown bird is perched on the top cup.

**Spring Tea**  
**Saturday, April 27**  
**2:00 p.m.-3:30 p.m.**  
(Seating begins at 1:30 p.m.)  
Tickets are \$35  
and will be available starting March 3  
Hosted by The Women of Unity

A poster for an event featuring Daniel Nahmod. On the left is a photo of Daniel Nahmod, a man with short dark hair wearing a white button-down shirt and blue jeans, leaning against a white wall. Above the photo is a small graphic of a calendar with the date April 21 circled in red. To the right of the photo, the text reads: "Mark your calendars!", "Sunday, April 21 we will be hosting", "***Daniel Nahmod***", "as our Guest Speaker and Musician", "at the 10 a.m. service", "followed by a workshop at 11:30 a.m.", and "More information will be out soon". At the bottom, it says "Visit [www.DanielNahmod.com](http://www.DanielNahmod.com) for more information about Daniel and his music".

 **Mark your calendars!**  
**Sunday, April 21 we will be hosting**  
***Daniel Nahmod***  
**as our Guest Speaker and Musician**  
**at the 10 a.m. service**  
**followed by a workshop at 11:30 a.m.**  
***More information will be out soon***  
Visit [www.DanielNahmod.com](http://www.DanielNahmod.com) for more information about Daniel and his music