



# *Unity of the Valley Spiritual Center*

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • [www.unityvacaville.org](http://www.unityvacaville.org)

**- February 2024 -**

*While Rev. Dalia Adams is taking a much needed sabbatical we are excited to have the following guest speakers joining us*



**February 4:**  
**Rev. Carolyn Warnemuende**



**February 11:**  
**Rev. Brock Ford**



**February 18:**  
**Rev. Margie Brach**



**February 25 & March 31:**  
**Rev. Sonya Milton**



**March 3:**  
**Warren Spayth**



**March 10:**  
**Paul Whitney**



**March 17:**  
**Carolynn Ranch**



**March 24:**  
**Rev. Bob Brach**

## Upcoming Events . . .

# Annual Membership Meeting

Sunday, February 18 - 11:30 a.m.

We will take a look back at 2023 and get an overview of 2024

**If you have not returned your membership renewal,  
please remember to send it in**

## *Twin Hearts Meditation and Healing Clinic*

### ***WHAT IS PRANIC HEALING?***

MCKS Pranic Healing®, based on the best-selling book by Master Choa Kok Sui, has worked successfully with ailments ranging from asthma, arthritis, cancer to addictions, depression, and phobias. It is an effective no-touch, painless healing art that acts as a powerful catalyst to spark the body's inborn ability to repair itself.

As featured on CBS 2 News, Pranic Healing® has been accepted and used by medical doctors as complementary care along with western medicine. We are here as a service to the community, all are welcome!

### ***WHAT IS TWIN HEARTS MEDITATION?***

Twin Hearts Meditation® is a simple and powerful method of accessing Divine Force for spiritual development, self-healing, self-empowerment and for serving the Planet. In this Meditation you receive an immense down pour of healing energy that will assist you in managing and overcoming any physical mental, emotional or psychological imbalances.

### **Additional Note:**

**Experience a free Pranic Healing session as our trained healers  
offer their service to the local community!**

**Saturday, February 17th – 2:30 pm to 4:30 pm**

**Unity of the Valley Spiritual Center  
350 North Orchard Ave  
Vacaville, CA 95688**

***Love Donations Welcome!***



# Ongoing Classes and Activities . . .

Email the church office at [unityvv@pacbell.net](mailto:unityvv@pacbell.net) to request an invitation to Zoom meetings

## Mondays

NA (Narcotics Anonymous) - 6:30 p.m.

## Tuesdays

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

## Wednesdays

Prayer Group - 1:30 p.m. (on Zoom)

A Course in Miracles— 7:00 p.m. —facilitated by Rev Dalia Adams (on Zoom)

Daily Word Contemplative Prayer Service - 6:00 p.m. - facilitated by Prayer Chaplains

Silent Meditation—6:30 p.m. (Available online)

## Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants  
Contact Bob Panzer at 707-410-8839 / [rmp572@gmail.com](mailto:rmp572@gmail.com) or Dave Rybicki at [drybicki@solanowireless.com](mailto:drybicki@solanowireless.com) for location and information

Spiritual Classics Reading Room - 1:00 p.m. - First, Second, and Third Thursdays (on Zoom)

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Cindy Hulburt at [cindyhulburt@gmail.com](mailto:cindyhulburt@gmail.com) for information

Board of Trustees Meeting - 4:00 p.m. - Third Thursday of the month (on Zoom)

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) Men's Group - 7:00 p.m.

## Fridays

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

## Sundays

Worship Celebration - 10:00 a.m. - In person and live-streamed at [www.unityvacaville.org](http://www.unityvacaville.org)

NA (Narcotics Anonymous) - 5:30 p.m.



## EarthCare is reviving itself!

Join us by signing up to receive information about environmental legislation, needed meaningful actions, positive environmental actions, and learning about the Earth. The focus will be on the environment and social justice related to the environment

Sign-up to receive emails by contacting [meilingmarie@gmail.com](mailto:meilingmarie@gmail.com) using the subject title EarthCare.

Please provide your name and contact information

*You are not obligated to any special actions unless you choose to*

## Daily Word Contemplative Prayer Service



Wednesdays at 6 p.m.

in our sanctuary

led by our Prayer Chaplains

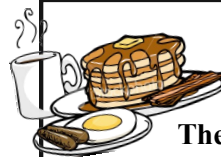
## Join the Women of Unity for Lunch!

The Women of Unity meet at 11:30 a.m.

on the Third Thursday of the month

Contact Cindy Hulburt at [cindyhulburt@gmail.com](mailto:cindyhulburt@gmail.com) for more information

*Women of all ages are welcome!*



## Join the Men of Unity for Breakfast!

The Men of Unity meet at 8:30 a.m.

on the Second and Fourth Thursday of the month at various local eateries.

Contact Bob Panzer at 707-410-8839 / [rmp572@gmail.com](mailto:rmp572@gmail.com) or Dave Rybicki at [drybicki@solanowireless.com](mailto:drybicki@solanowireless.com) for location and information

## Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521 or [unityvv@pacbell.net](mailto:unityvv@pacbell.net) for more information

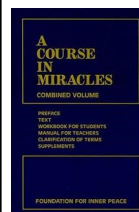


## A Course In Miracles

Facilitated by Rev. Dalia Adams

Wednesdays - 7:00 p.m. on Zoom

Email the church office at [unityvv@pacbell.net](mailto:unityvv@pacbell.net) to request an invitation



## The Unity Bookstore is now open

on the second and fourth Sunday of the month following the service

*Stop by and say hello*



The Bookstore also available during normal office hours  
Tues. & Thurs 9 a.m.-1 p.m.

## February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	2 	3
4 10:00 a.m. Service Speaker: Rev. Carolyn Warnemuende NA - 5:30 p.m.	5 NA - 7:00 p.m.	6 FA - 7:00 p.m.	7 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	8 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	9	10
11 10:00 a.m. Service Speaker: Rev. Brock Ford NA - 5:30 p.m.	12 NA - 7:00 p.m.	13 FA - 7:00 p.m.	14 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online) 	15 Women of Unity - 11:30 a.m. Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	16	17 Pranic Healing - 2:30 p.m.
18 10:00 a.m. Service Speaker: Rev. Margie Brach NA - 5:30 p.m.  <b>ANNUAL MEMBERSHIP MEETING</b>	19 NA - 7:00 p.m.  	20 FA - 7:00 p.m.	21 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	22 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	23 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	24
25 10:00 a.m. Service Speaker: Rev. Sonya Milton NA - 5:30 p.m.	26 NA - 7:00 p.m.	27 FA - 7:00 p.m.	28 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	29 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.		

### Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 1:30 p.m. - Prayer Group (on Zoom)
- Wednesdays, 6:00 p.m. - Daily Word Contemplative Prayer Service
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (on Zoom)
- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- First, Second and Third Thursdays, 1:00 p.m. - Spiritual Classics (on Zoom)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting (on Zoom)
- Third Thursday, 11:30 a.m. - Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



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unityvv@pacbell.net www.unityvacaville.org

# March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 WCR Key Leader Event ----->	2 <-----
3 10:00 a.m. Service Speaker: Warren Spayth NA - 5:30 p.m.	4 NA - 7:00 p.m.	4 FA - 7:00 p.m.	6 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	7 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	8	9 Pranic Healing Level 1 Workshop - 8:30 a.m.
10 10:00 a.m. Service Speaker: Paul Whitney NA - 5:30 p.m.  DAYLIGHT SAVINGS TIME BEGINS 	11 NA - 7:00 p.m.	12 FA - 7:00 p.m.	13 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	14 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	15	16 Pranic Healing Level 1 Workshop - 12:30 p.m.
17 10:00 a.m. Service Speaker: Carolyn Ranch NA - 5:30 p.m.	18 NA - 7:00 p.m.	19 FA - 7:00 p.m.	20 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	21 Women of Unity - 11:30 a.m. Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	22 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	23
24 10:00 a.m. Service Speaker: Rev. Bob Brach NA - 5:30 p.m. 31 10:00 a.m. Service Speaker: Rev. Sonya Milton NA - 5:30 p.m. 	25 NA - 7:00 p.m.	26 FA - 7:00 p.m.	27 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	28 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	29	30

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- Wednesdays, 1:30 p.m. - Prayer Group (on Zoom)
- Wednesdays, 6:00 p.m. - Daily Word Contemplative Prayer Service
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (on Zoom)
- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- First, Second and Third Thursdays, 1:00 p.m. - Spiritual Classics (on Zoom)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting (on Zoom)
- Third Thursday, 11:30 a.m. - Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



### Unity of the Valley Spiritual Center

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unityvv@pacbell.net www.unityvacaville.org



# Church Directory . . .

**Senior Minister:** Rev. Dr. Dalia Adams

**Board of Trustees:**

Phyllis Flemings, President  
John Working, Vice President  
Leticia Widemann, Secretary  
John Thompson, Treasurer

**Minister's Assistant:** Warren Spayth

**Office Manager/Newsletter:** Marcella Mackes

**Prayer Chaplains:**

Warren Spayth, Patt Florez, Cheryl Potts,  
Daniel Perkins

**Youth Education:** (Position Open for Youth Ed Director)  
Maisie Hughes, Barbara Debevec, Ann Millward

**SEE Education Director:** Rev. Dalia Adams

**Sound Technicians:**

Warren Spayth, Thomas Nabarrete, Roy Morris

**Bookstore:** Marcella Mackes

**Volunteer Coordinator:** Marcella Mackes

**Video & Podcast Editor/Webmaster:** Lisa Murray

**Video Technicians:**

Jim Stueve, Bobbi Fortner, Gloria Ramirez,  
John Working

# Did you Know? . . .

- **Prayer Chaplains** are available for prayer support, home or hospital visits, and listening when you need someone. Prayer Chaplains are available after church on Sunday or may be reached by calling the church office (Mailbox #6).
- **Prayer requests** are read in strictest confidentiality, placed in our prayer chest, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays before and after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.
- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.



## UNITY PRINCIPLES

- ♦ God is good and everywhere present.
- ♦ The spirit of God lives within each person, therefore, all people are inherently good.
- ♦ We create our life experiences through our way of thinking.
- ♦ There is power in affirmative prayer, which we believe increases our connection to God.
- ♦ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

# Unity of the Valley Spiritual Center Financial Statement

## January-December 2023

*Financial Report is updated quarterly*

	January – December 2023	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	.90	1.00	-.10
400.00 · BOOKSTORE	145.29	75.00	70.29
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	8,728.00	8,125.00	603.00
419.00 · SUBTENANT INCOME	9,170.00	12,000.00	-2,830.00
420.00 · CONTRIBUTIONS	201,711.20	210,300.00	-8,588.80
430.00 · FACILITY & PROPERTY	11,572.00	8,800.00	2,772.00
460.00 · FUNDRAISERS	9,548.35	14,320.00	-4,771.65
490.00 · MISCELLANEOUS INCOME	563.11	20.00	543.11
Total Income	241,438.85	253,641.00	-12,202.15
Expense			
600.00 · ADMINISTRATIVE	27,864.59	26,537.12	1,327.47
605.00 · BOOKSTORE EXPENSES*	201.34	505.00	-303.66
610.00 · EDUCATION	2,067.59	2,700.00	-632.41
620.00 · FACILITY**	58,027.29	56,905.89	1,121.40
625.00 · FUNDRAISER EXPENSES	74.51	1,500.00	-1,425.49
630.00 · MINISTRY	11,134.95	14,131.69	-2,996.74
640.00 · PAYROLL	129,965.21	137,673.00	-7,707.79
650.00 · TITHES & CHARITABLE GIVING	11,365.79	12,488.30	-1,122.51
6560 · PAYROLL EXPENSES	862.00	1,200.00	-338.00
Total Expense	241,563.27	253,641.00	-12,077.73
<b>Net Income</b>	<b>-124.42</b>	<b>0.00</b>	<b>-124.42</b>

\*Includes Inventory Purchases and Sales Tax Paid

\*\* Includes Mortgage Principal Payments

*We acknowledge God as our source and see abundance flowing forth,  
blessing all that we have and all that we give.*

*We gratefully bless those who share their prosperity that we may serve  
Spirit's work as our Unity community.*

In 2023 Unity of the Valley titled to the following community and Unity programs:

Epiphany Episcopal Community Kitchen   Children's Network   Faith in Action  
NorthBay Hospice   Vacaville PD's Children's Crisis   Mark's Growing Center  
Meals on Wheels   Opportunity House   Solano Food Bank  
Solano Advocates for Victims of Domestic Violence  
NorthBay Alzheimer's Services   Silent Unity   Association of Unity Churches (UWM)  
West Central Region of Unity Churches

### Cash on Hand as of December 31, 2023

Savings:	\$ 13,642.53
Checking:	\$ 72,645.40
Flower Fund:	\$ 135.30
Petty Cash:	\$ <u>9.34</u>
<b>Total All Accounts</b>	<b>\$ 86,432.57</b>
<b>Total Available Cash:</b>	<b>\$ 70,813.08</b>

# Welcome

On Sunday, January 14 we welcomed the following new members:

Bette Lewis

Archie "Vern" Lewis

Carol Rogers

Jennifer Darcangelo

## Coming Soon . . .



## PRANIC HEALING LEVEL ONE WORKSHOP

LEARN To HEAL Yourself and others EVEN from a DISTANCE

in just 2 DAYS

### You Will Learn:

**Physical Healing** - Easy Step by step protocols to relieve or heal anything from simple ailment like cough and cold to sever illnesses like asthma, arthritis and diabetes

**Energy Anatomy & Scanning** - Correlation between the physical body and energy body, meridians and the 11 major chakras

**Meditation & Breathing Exercise** - Exercise Inner Peace and stillness through the "Meditation on Twin Hearts" and also learn breathing exercise to quickly recharge yourself and more....

### WHEN

Saturday, March 9th – 9:30 am to 5:30 pm a  
Saturday, March 16th – 1:30 pm to 7:30 pm

Register at [Pranichealing.com/learn](http://Pranichealing.com/learn) or email  
[lilia@pranichealing.com](mailto:lilia@pranichealing.com)

Your instructor: [Lilia Afshary](#)

Payment Plans Are Available

Unity of the Valley Spiritual Center - 350 N. Orchard Ave., Vacaville, CA