



Unity of the Valley Spiritual Center

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • www.unityvacaville.org

- November 2023 -

Join us on
**Saturday, November 4 for the
Fall Reflections Celebration!**

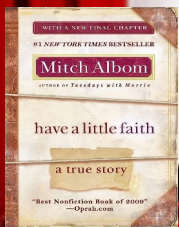
Potluck Dinner begins at 6 p.m.

Bring your favorite dish to share

Movie will follow dinner

We will be viewing “Have a Little Faith”

All are welcome!



We're Having a Work Day! Saturday, November 4 9 a.m.- 12 p.m.

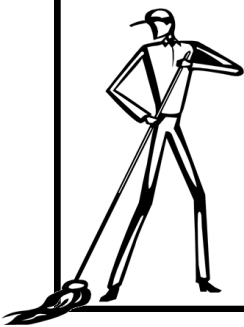
Come help us spruce up the place!

Planned for the day:

**Sweep cobwebs off the building ♦ Pick-up trash around the grounds
♦ Prune rose bushes**

There will be coffee and donuts to start the day

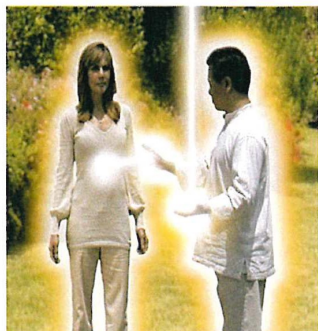
We will be done in plenty of time to join in the Fall Reflections Celebration



Celebrating our oneness ~ Honoring our diversity

**Unity of the Valley Spiritual Center is dedicated to the Belief in God as universal Spirit
Our purpose is to provide opportunities for each individual to express their inner Christ Spirit**

Special Events . . .



LEARN To HEAL Yourself and others EVEN from a DISTANCE

Just in **2 DAYS**

You Will Learn:

Physical Healing

Easy Step by step protocols to relieve or heal anything from simple ailment like cough and cold to sever illnesses like asthma, arthritis and diabetes

Energy Anatomy & Scanning

Correlation between the physical body and energy body, meridians and the 11 major chakras

Meditation & Breathing Exercise

Exercise Inner Peace and stillness through the "Meditation on Twin Hearts" and also learn breathing exercise to quickly recharge yourself and more....

**Register by Nov. 6th and
Save!**

PRANIC HEALING Level One

What is Pranic Healing?

PRANIC HEALING is an effective and powerful "no-touch" healing modality developed by Grand Master Choa Kok Sui that uses "life force" or prana (Chi) to heal physical and emotional ailments. Pranic Healing uses a cookbook approach to heal different ailments. So, all one has to do is to follow a specific protocol for a condition to produce the healing result. There are protocols from nose bleeding to Coronary Artery Disease. It is simplified and organized so that anyone can learn to heal in a short amount of time and produce tangible result.

WHEN

***Saturday, Nov. 11th – 9:30 am to 5:30 pm**

***Saturday, Nov. 25th – 9:30 am to 5:30 pm**

Unity of the Valley Spiritual Center

350 N. Orchard Ave

Vacaville, CA 95687

Register at

Pranichealing.com/learn

or email lilia@pranichealing.com

Your instructor

Lilia Afshary

Payment Plans Are Available

Ongoing Classes and Activities . . .

Email the church office at unityvv@pacbell.net to request an invitation to Zoom meetings

Mondays

NA (Narcotics Anonymous) - 6:30 p.m.

Tuesdays

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

Wednesdays

Prayer Group - 1:30 p.m. (on Zoom)

A Course in Miracles— 7:00 p.m. —facilitated by Rev Dalia Adams (on Zoom)

Daily Word Contemplative Prayer Service - 6:00 p.m. - facilitated by Prayer Chaplains

Silent Meditation—6:30 p.m. (Available online)

Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Pat Chinperetz at chinperetz@comcast.net for location

Spiritual Classics Reading Room - 1:00 p.m. - First, Second, and Third Thursdays (on Zoom)

Board of Trustees Meeting - 4:00 p.m. - Third Thursday of the month (on Zoom)

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) Men's Group - 7:00 p.m.

Fridays

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

Sundays

Worship Celebration - 10:00 a.m. - In person and live-streamed at www.unityvacaville.org



EarthCare is reviving itself!

Join us by signing up to receive information about environmental legislation, needed meaningful actions, positive environmental actions, and learning about the Earth. The focus will be on the environment and social justice related to the environment

Sign-up to receive emails by contacting meilingmarie@gmail.com using the subject title EarthCare.

Please provide your name and contact information

You are not obligated to any special actions unless you choose to

Daily Word Contemplative Prayer Service



Wednesdays at 6 p.m.

in our sanctuary

led by our Prayer Chaplains

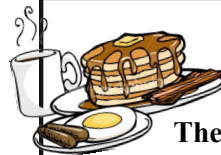
Join the Women of Unity for Lunch!

The Women of Unity meet at 11:30 a.m.

on the Fourth Thursday of the month

Contact Pat Chinperetz at chinperetz@comcast.net for more information

Women of all ages are welcome!



Join the Men of Unity for Breakfast!

The Men of Unity meet at 8:30 a.m. on the Second and Fourth Thursday of the month at various local eateries.

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521 or unityvv@pacbell.net for more information

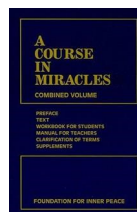


A Course In Miracles

Facilitated by Rev. Dalia Adams

Wednesdays - 7:00 p.m. on Zoom

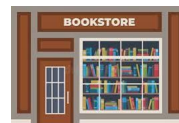
Email the church office at unityvv@pacbell.net to request an invitation



The Unity Bookstore is now open

on the second and fourth Sunday of the month following the service

Stop by and say hello



The Bookstore also available during normal office hours
Tues. & Thurs 9 a.m.-1 p.m.

November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	2 Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	3	4 Work Day - 9:00 a.m. Fall Reflections Celebration - Potluck and a Movie
5 10:00 a.m. Service NA - 5:30 p.m.	6 NA - 7:00 p.m.	7 FA - 7:00 p.m.	8 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	9 Men of Unity - 8:30 a.m. Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	10	11 Pranic Healing Workshop
12 10:00 a.m. Service NA - 5:30 p.m.	13 NA - 7:00 p.m.	14 FA - 7:00 p.m.	15 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	16 Spiritual Classics - 1:00 p.m. Women of Unity 11:30 a.m. Board Mtg. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	17	18
19 10:00 a.m. Service NA - 5:30 p.m.	20 NA - 7:00 p.m.	21 FA - 7:00 p.m.	22 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	23 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m. 	24 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	25 Pranic Healing Workshop
26 10:00 a.m. Service NA - 5:30 p.m.	27 NA - 7:00 p.m.	28 FA - 7:00 p.m.	29 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	30 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.		

Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 1:30 p.m. - Prayer Group (on Zoom)
- Wednesdays, 6:00 p.m. - Daily Word Contemplative Prayer Service
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (on Zoom)
- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- First, Second and Third Thursdays, 1:00 p.m. - Spiritual Classics (on Zoom)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting (on Zoom)
- Fourth Thursday, 11:30 a.m. - Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



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December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Work Day - 9 a.m. - Decorate for Christmas
3 First Sunday of Advent - Faith 10:00 a.m. Service NA - 5:30 p.m.	4 NA - 7:00 p.m.	5 FA - 7:00 p.m.	6 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	7 Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	8	9 Pranic Healing Workshop
10 Second Sunday of Advent - Peace 10:00 a.m. Service NA - 5:30 p.m.	11 NA - 7:00 p.m.	12 FA - 7:00 p.m.	13 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	14 LifeLine Screening 8 a.m. Men of Unity - 8:30 a.m. Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	15	16
17 Third Sunday of Advent - Love 10:00 a.m. Service Bake Sale NA - 5:30 p.m.	18 NA - 7:00 p.m.	19 FA - 7:00 p.m.	20 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	21 Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	22	23
24 CHRISTMAS EVE Fourth Sunday of Advent - Joy 10:00 a.m. Service NA - 5:30 p.m. 31 10:00 a.m. Sunday Service NA - 5:30 p.m.	25 NA - 7:00 p.m. 	26 H FA - 7:00 p.m. 	27 Prayer Grp - 1:30 p.m. (on Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (on Zoom) Meditation (online) Centering Prayer (online)	28 Men of Unity - 8:30 a.m. Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	29 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	30

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- Wednesdays, 7:00 p.m. - Centering Prayer (online)
- Wednesdays - A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- First, Second and Third Thursdays, 1:00 p.m. - Spiritual Classics (on Zoom)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 4:00 p.m. - Board of Trustees Meeting (on Zoom)
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- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



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Church Directory . . .

Senior Minister: Rev. Dr. Dalia Adams

Board of Trustees:

Phyllis Flemings, President
John Working, Vice President
Leticia Widemann, Secretary
John Thompson, Treasurer

Minister's Assistant: Warren Spayth

Office Manager/Newsletter: Marcella Mackes

Prayer Chaplains:

Warren Spayth, Patt Florez, Cheryl Potts,

Youth Education: Position Open for Youth Ed Director

SEE Education Director: Rev. Dalia Adams

Sound Technicians:

Warren Spayth, Thomas Nabarrete, Roy Morris

Bookstore: Marcella Mackes

Volunteer Coordinator: Marcella Mackes

Video & Podcast Editor/Webmaster: Lisa Murray

Video Technicians:

Jim Stueve, Bobbi Fortner, Gloria Ramirez,
John Working

Did you Know? . . .

- **Prayer Chaplains** are available for prayer support, home or hospital visits, and listening when you need someone. Prayer Chaplains are available after church on Sunday or may be reached by calling the church office (Mailbox #6).
- **Prayer requests** are read in strictest confidentiality, placed in our prayer chest, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays before and after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.
- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.



UNITY PRINCIPLES

- ♦ God is good and everywhere present.
- ♦ The spirit of God lives within each person, therefore, all people are inherently good.
- ♦ We create our life experiences through our way of thinking.
- ♦ There is power in affirmative prayer, which we believe increases our connection to God.
- ♦ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

Unity of the Valley Spiritual Center Financial Statement

January-September 2023

Financial Report is updated quarterly

	Jan. - Sept. 2023	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	0.46	1.00	-0.54
400.00 · BOOKSTORE	138.29	75.00	63.29
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	8,628.00	8,125.00	503.00
419.00 · SUBTENANT INCOME	2,170.00	12,000.00	-9,830.00
420.00 · CONTRIBUTIONS	146,782.72	210,300.00	-63,517.28
430.00 · FACILITY & PROPERTY	8,360.00	8,800.00	-440.00
460.00 · FUNDRAISERS	8,360.85	14,320.00	-5,959.15
490.00 · MISCELLANEOUS INCOME	563.11	20.00	543.11
Total Income	175,003.43	253,641.00	-78,637.57
Expense			
600.00 · ADMINISTRATIVE	19,846.94	26,537.12	-6,690.18
605.00 · BOOKSTORE EXPENSES*	201.34	505.00	-303.66
610.00 · EDUCATION	2,067.59	2,700.00	-632.41
620.00 · FACILITY**	41,964.38	56,905.89	-14,941.51
625.00 · FUNDRAISER EXPENSES	0.00	1,500.00	-1,500.00
630.00 · MINISTRY	9,861.14	14,131.69	-4,270.55
640.00 · PAYROLL	97,595.82	137,673.00	-40,077.18
650.00 · TITHES & CHARITABLE GIVING	8,051.86	12,488.30	-4,436.44
6560 · PAYROLL EXPENSES	812.50	1,200.00	-387.50
Total Expense	180,401.57	253,641.00	-73,239.43
Net Income	-5,398.14	0.00	-5,398.14

*Includes Inventory Purchases and Sales Tax Paid

** Includes Mortgage Principal Payments

*We acknowledge God as our source and see abundance flowing forth,
blessing all that we have and all that we give.*

*We gratefully bless those who share their prosperity that we may serve
Spirit's work as our Unity community.*

Cash on Hand as of September 30, 2023

Savings:	\$ 13,645.09
Checking:	\$ 66,942.74
Flower Fund:	\$ 135.30
Petty Cash:	\$ <u>9.34</u>
Total All Accounts	\$ 81,716.47
Total Available Cash:	\$ 64,741.98

Coming Soon . . .

Sunday, December 17 Holiday Bake Sale

These yummy goodies will make great gifts for friends, teachers, your co-workers, mail carrier, hairdresser . . . or just for you!

Watch for more information on how you can contribute something special to the sale.



Thursday, December 14 Life Line Health Screenings

Take a step toward staying healthy and active.

Pre-registration is required

For appointment visit LLSA.SOCIAL/HC

Please plan to join us on
Sunday, December 24 at 10 a.m.
for a very special Christmas Eve Service
There will be Christmas Carols, Candles,
and Music by Kathryn Patterson and John Shinn



Volunteer Opportunities

If you are looking for ways to lend a helping hand the following teams are looking for you!

- ♦ **Security Team** - There is an immediate need for volunteers for the Security Team. This team checks the church nightly to make sure everything is locked and turned off.
- ♦ **Usher/Greeter** - This team is "the face of the church" - the team meets and greets all who enter and make sure newcomers feel welcomed. This is a one week per month commitment
- ♦ **Flower Committee** - This team provides the beautiful and inspiring flower arrangements that adorn the church.
- ♦ **Hospitality Team** - Without this team there would be no coffee or treats to enjoy after the service! This is a one week per month commitment.
- ♦ **4th Friday Feed** - We have an urgent need for volunteers to assist with this important community outreach team. This is a once per month commitment. We need:
Help with shopping (UVSC covers the cost of food and supplies) * Help with prep and cooking
Help Serving * Help with clean-up

Interested? contact the church office at 707-447-0521 or unityvv@pacbell.net for more information