

# **Unity of the Valley Spiritual Center**

350 N. Orchard Avenue · Vacaville, CA 95688 · (707) 447-0521 · www.unityvacaville.org

### - July 2023 -



### Abundance Living in Joyous Expectancy

Facilitated by Rev. Dalia Adams and Phyllis Flemings

Tuesdays July 11 - August 15 6 p.m. - 7:45 p.m. on Zoom

We will be using:

<u>The Abundance Book</u> by John Randolph Price \*<u>Prosperity's Ten Commandments</u> by Georgiana Tree West

### Sign-up in the Great Hall or contact the church office

Both books are available at Amazon.com
\*Limited supply in our bookstore

### Valley Book Club

Facilitated by Rev. Dalia Adams
Saturday, July 1 and Saturday, July 15
10:00 a.m. - 11:30 a.m. on Zoom



We will be reading:
Waking Up White
and Finding Myself in the Story of Race
by Debby Irving

If you are interested in participating, please contact the office.

The book is available at Amazon.com



### Come Celebrate Summer! Sunday, July 2 - 11:30 a.m. Ice Cream Social in Unity Hall

Bring your favorite ice cream topping to share and we'll do the rest!





### **Anniversary Celebration - Sunday July 16th!**

Join us in Unity Hall following the service to celebrate Rev. Dalia Adams' 10th Anniversary as Senior Minister here at Unity!!

Daily Word Contemplative Prayer Service Wednesdays at 6 p.m. in our sanctuary led by our Prayer Chaplains



### Celebrating our oneness ~ Honoring our diversity

Unity of the Valley Spiritual Center is dedicated to the Belief in God as universal Spirit Our purpose is to provide opportunities for each individual to express their inner Christ Spirit

### Classes and Events . . .

### Saturday, July 22 - 8 a.m. -12 p.m. Lagoon Valley Park Litter Cleanup & BBQ Potluck Picnic

As a service to the community, Unity of the Valley Spiritual Center will be hosting a Lagoon Valley Park Litter Cleanup followed by a potluck picnic at the Pena Adobe Picnic Pavilion.

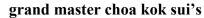
There is no cost - All are welcome - bring your friends.

**Bring:** Hat, gloves, trash bags, sunscreen, water and litter grabber (some grabbers are available)

<u>Potluck items to bring</u>: Watermelon, Baked Beans, Potato salad, Cole Slaw, Buns, Salad, Condiments (ketchup, relish, mayonnaise, mustard, pickles), iced tea, soda.

Sign up for items at Unity or call (707) 447-0521.

BBQ chicken, hot dogs, veggie burgers, hamburgers, paper products and utensils will be provided



Pranic Healing Level 1 Workshop - Saturday July 22 & 29, 9:30 a.m. - 5:30 p.m.

Your instructor Lilia Afshary



**LEARN To HEAL Yourself and others EVEN from a DISTANCE Just in 2DAYS**You will learn:

Physical Healing - Energy Anatomy & Scanning - Meditation & Breathing Exercise

Cost: \$375 - Register by July 13 and pay \$350 - Payment Plans Are Available

Register at Pranichealing.com/learn or email lilia@pranichealing.com

See the flier in the Great Hall for more information

### Coming Soon (continued on Page 8) . . .

### Saturday, August 5 - Time TBD

Navigating the Path of Diversity and Religion - Facilitated by Rev. Brock Ford

Taking a deeper look into the relationship of religion and diversity. Building a bridge to healing and understanding. Looking at scripture used against LGBTQ+ community and scriptures that say to love all as Jesus taught.





# Town Hall Meeting - Sunday, August 20 In Unity Hall following the service

Facilitated by the Board of Trustees

This is your opportunity to get answers to any questions you may have and share your ideas for the future of our spiritual community



## Ongoing Classes and Activities . . .

Email the church office at unityvv@pacbell.net to request an invitation to Zoom meetings

#### Mondays

NA (Narcotics Anonymous) - 6:30 p.m.

#### **Tuesdays**

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

### Wednesdays

Prayer Group - 1:30 p.m. (via Zoom)

A Course in Miracles- 7:00 p.m. -facilitated by Rev Dalia Adams (via Zoom)

Silent Meditation—6:30 p.m. (Available online)

#### Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Pat Chinperez at chinperez@comcast.net for location

Spiritual Classics Reading Room - 1:00 p.m. (via Zoom)

Board of Trustees Meeting - 4:00 p.m. - Third Thursday of the month  $({\rm via\ Zoom})$ 

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) Men's Group - 7:00 p.m.

### Fridays

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

### Sundays

Worship Celebration - 10:00 a.m. - In person and live-streamed at www.unityvacaville.org

NA (Narcotics Anonymous) - 5:30 p.m.

# The Unity Bookstore is now open on the second and fourth Sunday of the month before and after the service

Stop by and say hello



The Bookstore also available during normal office hours Tues. & Thurs 9 a.m.-1 p.m.

# Join the Women of Unity for a Potluck Lunch!

The Women of Unity meet at 11:30 a.m. on the Fourth Thursday of the month

Contact Pat Chinperez at chinperez@comcast.net for more information

Women of all ages are welcome!

The Women of Unity are taking a summer break!

There will be no meeting in July

Join them August 24 at Vaquero Café

1010 Vaquero Circle, Vacaville



# Join the Men of Unity for Breakfast!

The Men of Unity meet at 8:30 a.m.

on the Second and Fourth Thursday of the month at various local eateries.

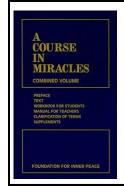
Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

### Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m. We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521 or unityvv@pacbell.net for more information





# A Course In Miracles

Wednesdays - 7:00 p.m. Facilitated by Rev. Dalia Adams

Via Zoom - email the church office at unityvv@pacbell.net t to request an invitation

July	2023
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Valley Book Club - 10 am (via Zoom)
2 10:00 am Service Ice Cream Social - 11:30 a.m. NA - 5:30 p.m.	3 NA - 7:00 p.m.	4 FA - 7:00 p.m. * 4th of * July*	5 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	6 Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	7	8
9 10:00 am Service NA - 5:30 p.m.	10 NA - 7:00 p.m.	11 Prosperity Class - 6 p.m. (via Zoom) FA - 7:00 p.m.	12 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	13 Men of Unity - 8:30 a.m. Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	14	15 Valley Book Club - 10 am (via Zoom)
16 10:00 am Service 10th Anniversary Celebration for Rev. Dalia - 11:30 a.m. NA - 5:30 p.m.	17 NA - 7:00 p.m.	18 Prosperity Class - 6 p.m. (via Zoom) FA - 7:00 p.m.	19 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	20 Spiritual Classics - 1:00 p.m. Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	21	22 Lagoon Valley Park Litter Cleanup and Picnic - 8 a.m. Pranic Healing Level 1 Workshop - 9:30 a.m.
23 10:00 am Service NA - 5:30 p.m. 30 10:00 am Service NA - 5:30 p.m.	24 NA - 7:00 p.m. 31 NA - 7:00 p.m.	25 Prosperity Class - 6 p.m. (via Zoom) FA - 7:00 p.m.	26 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	27 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	28 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	29 Pranic Healing Level 1 Workshop - 9:30 a.m.

### Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. Narcotics Anonymous (NA)
- Tuesdays, 7:00 p.m. FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 1:30 p.m. Prayer Group (via Zoom)
- Wednesdays, 6:00 p.m. Daily Word Contemplative Prayer Service beginning January 25
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (via Zoom)
- Wednesdays, 7:00 p.m. Centering Prayer (online)
- · Wednesdays A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. Men of Unity Breakfast
- Third Thursday, 4:00 p.m. Board of Trustees Meeting (via Zoom)
- · Fourth Thursday, 11:30 a.m. Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. Community Kitchen at Epiphany Episcopal Church
- · Sundays, 10:00 a.m. Worship Celebration
- Sundays, 5:30 p.m. Narcotic Anonymous (NA)



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### August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Prosperity Class - 6 p.m. (via Zoom) FA - 7:00 p.m.	2 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online	3 Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	4	5 Diversity Workshop
6 10:00 am Service NA - 5:30 p.m.	7 NA - 7:00 p.m.	8 Prosperity Class - 6 p.m. (via Zoom) FA - 7:00 p.m.	9 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	10 Men of Unity - 8:30 a.m. Spiritual Classics - 1:00 p.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	11	12
13 10:00 am Service NA - 5:30 p.m.	14 NA - 7:00 p.m.	15 Prosperity Class - 6 p.m. (via Zoom) FA - 7:00 p.m.	16 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	17 Spiritual Classics - 1:00 p.m. Board Meeting NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	18	19
20 10:00 am Service Town Hall Meeting - 11:30 a.m. NA - 5:30 p.m.	21 NA - 7:00 p.m.	22 FA - 7:00 p.m.	23 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	24 Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	25 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	26 Bunco Bash
27 10:00 am Service NA - 5:30 p.m.	28 NA - 7:00 p.m.	29 FA - 7:00 p.m.	30 Prayer Grp - 1:30 p.m. (via Zoom) Daily Word Contemplative Prayer Service - 6:00 p.m. ACIM - 7:00 p.m. (via Zoom) Meditation (online) Centering Prayer (online)	31 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.		

### Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. Narcotics Anonymous (NA)
- Tuesdays, 7:00 p.m. FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 1:30 p.m. Prayer Group (via Zoom)
- Wednesdays, 6:00 p.m. Daily Word Contemplative Prayer Service
- Wednesdays, 7:00 p.m. ACIM facilitated by Rev. Dalia Adams (via Zoom)
- Wednesdays, 7:00 p.m. Centering Prayer (online)
- Wednesdays A Time of Silent Meditation (online)
- Thursdays, 5:00 p.m. Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. Men of Unity Breakfast
- Third Thursday, 4:00 p.m. Board of Trustees Meeting (via Zoom)
- Fourth Thursday, 11:30 a.m. Women of Unity Luncheon
- Fourth Fridays, 12:00-7:00 p.m. Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)



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# **Church Directory...**

Senior Minister: Rev. Dr. Dalia Adams

**Board of Trustees:** 

Phyllis Flemings, President John Working, Vice President Leticia Widemann, Secretary John Thompson, Treasurer

Minister's Assistant: Warren Spayth

Office Manager/Newsletter: Marcella Mackes

**Prayer Chaplains:** 

Warren Spayth, Patt Florez, Cheryl Potts,

Genevieve Cushing

**Youth Education Team:** 

Genevieve Cushing - Youth Ed Director/YOU Sponsor

**SEE Education Director:** Rev. Dalia Adams

**Sound Technicians:** 

Warren Spayth, Thomas Nabarrete, Roy Morris

**Bookstore:** Marcella Mackes

Volunteer Coordinator: Marcella Mackes

Webmaster: Lisa Murray

Video Technicians:

Jim Stueve, Bobbi Fortner, Gloria Ramirez,

John Working

## Did you Know? . . .

- Prayer Chaplains are available for prayer support, home or hospital visits, and listening when you need someone. Prayer Chaplains are available after church on Sunday or may be reached by calling the church office (Mailbox #6).
- **Prayer requests** are read in strictest confidentiality, placed in our prayer chest, then sent to Silent Unity where they are held in prayer for 30 days.
- Lending Library: If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays before and after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.

- You can support Unity of the Valley Spiritual Center by making a donation through our website: We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give: Simply text the word GIVE to 707-316-8325 and follow the directions.
- You can put your tithe and Love Offerings on your credit card: Credit card donation forms are available by contacting the church office.



### **UNITY PRINCIPLES**

- •God is good and everywhere present.
- The spirit of God lives within each person, therefore, all people are inherently good.
- We create our life experiences through our way of thinking.
- There is power in affirmative prayer, which we believe increases our connection to God.
- •Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

### Unity of the Valley Spiritual Center Financial Statement January-March 2023

Financial Report is updated quarterly

	January - March 2023	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	.09	1.00	91
400.00 · BOOKSTORE	43.25	75.00	-31.75
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	426.00	8,125.00	-7,699.00
419.00 - SUBTENANT INCOME	0.00	12,000.00	-12,000.00
420.00 · CONTRIBUTIONS	48,608.59	210,300.00	-161,691.41
430.00 · FACILITY & PROPERTY	2,830.00	8,800.	-5,970.00
460.00 · FUNDRAISERS	436.70	14,320.00	-13,883.30
490.00 · MISCELLANEOUS INCOME	1.01	20.00	-18.99
Total Income	52,345.64	253,641.00	-201,295.36
Expense			
600.00 · ADMINISTRATIVE	6,216.99	26,537.12	-20,320.13
605.00 · BOOKSTORE EXPENSES*	3.00	505.00	-502.00
610.00 · EDUCATION	400.00	2,700.00	-2,300.00
620.00 · FACILITY**	14,215.74	56,905.89	-42,690.15
625.00 · FUNDRAISER EXPENSES	0.00	1,500.00	-1,500.00
630.00 · MINISTRY	4,183.84	14,131.69	-9,947.85
640.00 · PAYROLL	32,140.11	137,673.00	-105,532.89
650.00 · TITHES & CHARITABLE	2 252 50	10 100 20	10 004 70
GIVING	2,253.58	12,488.30	-10,234.72
6560 · PAYROLL EXPENSES	704.75	1,200.00	-495.25
Total Expense	60,118.01	253,641.00	-193,522.99
Net Income	-7,772.37	0.00	-7,772.37

\*Includes Inventory Purchases and Sales Tax Paid \*\* Includes Mortgage Principal Payments

We acknowledge God as our source and see abundance flowing forth blessing all that we have and all that we give.

We gratefully bless those who share their prosperity that we may serve Spirit's work as our Unity community.

Cash on Hand as of March 31, 2023		
Savings:	\$ 3,644.72	
Checking:	\$ 63,465.58	
Flower Fund:	\$ 135.30	
Petty Cash:	<u>\$ 9.34</u>	
Total All		
Accounts	\$ 67,254.94	
Total Available		
Cash:	\$ 62,590.45	

## Coming Soon . . .



### Bunco Bash is Back!! Saturday, August 26

Come join the fun! \$20/person - ages 12 and up Salads • Desserts • Prizes • Raffle

\* More information out soon \*



# Friday September 8 Life Line Health Screenings

Take a step toward staying healthy and active.

Pre-registration is required

For appointment call 1-800-640-6307 or visit LLSA.SOCIAL/HC



# Sunday, September 10 Opening the Intuitive Gate - The Keys to Developing *Your* Intuition with Will Tuttle, Ph.D.

An acclaimed pianist, composer, and author, Will Tuttle unites both eastern and western meditation traditions and is a Dharma Master in the Zen tradition. Uplifting, philosophical,

musical, and both challenging and reassuring, this is a workshop that can change lives, as we invite spirit to work its wonders on the ultimate frontier: the human heart.

More information out soon

### 2023 Fall Reflections begins Sunday September 17

Small study groups will be forming soon! Groups will be offered in person and via Zoom

The fall season has traditionally been a time of renewal and recommitment. This is a time to come to know yourself more deeply, to meet new people, to develop support systems, to explore new ideas, and to find new ways to participate and serve.

If you would like to facilitate a small study group, please contact the church office

# Volunteer Opportunities

If you are looking for ways to lend a helping hand the following teams are looking for you!

- Usher/Greeter This team is "the face of the church" the team meets and greets all who enter and make sure new-comers feel welcomed. This is a one week per month commitment
- Flower Committee This team provides the beautiful and inspiring flower arrangements that adorn the church.
- **Hospitality Team** Without this team there would be no coffee or treats to enjoy after the service! This is a one week per month commitment.
- 4<sup>th</sup> Friday Feed We have an urgent need for volunteers to assist with this important community outreach team. This is a once per month commitment. We need:

Help with shopping (UVSC covers the cost of food and supplies) \* Help with prep and cooking

Help Serving \* Help with clean-up

Interested? contact the church office at 707-447-0521 or unityvv@pacbell.net for more information